

# torex<sup>®</sup>

## Hot & Cold Sleeves

*torus extended; genus one*



Innovations in Hot/Cold Therapy  
patent # 7,060,086 others pending

## Maximum **Hot** & **Cold** Therapy Fast, effective & uniform treatment for limb soft-tissues.

### Outstanding **torex<sup>®</sup>** features

- ◆ Rolls on — no straps
- ◆ Sleeve design surrounds limb
- ◆ Does not freeze, stays flexible
- ◆ Time saving
- ◆ Excellent for pre & post operative treatment
- ◆ Soft touch construction
- ◆ Cost effective
- ◆ Reusable & long lasting
- ◆ Latex free
- ◆ Includes compression sleeve
- ◆ Microwavable see instructions

**Available in 5 radial sizes  
3 flat sizes & MC2 pro ankle**



torex small on wrist  
Small # R4060



torex medium on elbow  
Medium # R5060



torex large on knee  
Large # R6060



torex x large on thigh  
X Large # R7080



torex finger  
Finger # R2540



torex small on foot

**Reusable  
Cold**

**Order online  
[www.torexhealth.com](http://www.torexhealth.com)**

**Reusable  
Hot**

### Exclusive patented torex radial form

The torex limb encompassing form surrounds the treatment area and delivers maximum cryotherapy which helps rapidly lowers the temperature of tissues.

### Phase-change Ice Gel

Never solid! But turns into a thick, long-lasting frozen paste. This allows for, an extended uniform delivery of cryotherapy.

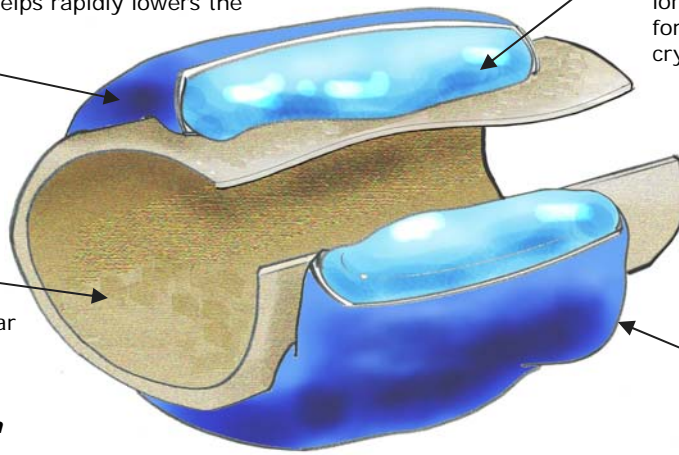
### Insulating Compression Sleeve

Every torex includes an Insulating Compression Sleeve. This latex-free tubular bandage allows for insulation and injury compression

### Advanced Soft Touch Film

The key to our superior radial design is our ultra-pliable film. This advanced material is why torex feels so good hot or cold!

\*part of the RICE "Rest Ice Compression Elevation" method.



## Torex Flat Packs



Available in 3 Sizes

Small  
Medium  
Large

## Torex Pro Ankle Therapy



### Malleolar Cryo-Compression

MC2 is used and endorsed by the National Basketball Athletic Trainers Association (NBATA)



## torex® technical data

### Available Sizes:

<b>Finger</b>	R2540, finger
<b>Small</b>	R4060, hand, wrist, arm & elbow limb circumference of 3"-10"
<b>Medium</b>	R5060, hand, wrist, arm, elbow & ankle limb circumference of 10"-15"
<b>Large</b>	R6060, elbow, foot, ankle, calf & knee limb circumference of 15"-21"
<b>X-Large</b>	R7080, knee & thigh limb circumference of 21"-28"

<b>Flat small</b>	TXF4	1" x 4" x 8"
<b>Flat medium</b>	TXF8	1" x 8" x 8"
<b>Flat large</b>	TXF10	1" x 10" x 10"
<b>MC2</b>	MC12	fits Shoe size 8-14

### Proper Fitment:

Using a string or a flexible tape measure loosely record the distance in inches around the largest part of the limb that the Torex is to be applied. Compare that number to the limb circumference specifications above. Select the proper size Torex. If size is questionable use the next larger size.

### Construction:

Latex free advanced medical grade polyurethane film. Torex are tough—they can withstand a 300 lb direct load!

### Cold:

W-A proprietary non-toxic phase change hydro gel, will not freeze provides superior long lasting cold.

### Compression:

Every torex includes an Insulating Compression Sleeve, this high quality medical grade latex-free tubular bandage allows for insulation, support and injury compression — part of the "RICE" method.

### Storage & Handling:

Store in freezer at all times! In order to ensure that your torex product continues to exhibit high performance cold thermal delivery and to prolong its usable life, we strongly recommend that your torex be stored in the freezer at all times. Normal product life when cared for properly is one year or more. If you plan to have your torex out of the freezer for an extended period of time (several days or more) just place it in a heavy-duty zip lock type freezer bag. Squeeze out the air and seal closed.

### Ingredients:

Water, Propylene Glycol, Thickener, FD&C Blue #3 Safe & Non-Toxic

### Safety:

Individuals with known or suspected circulatory problems should not use cold or hot packs unless under the direct supervision of a physician. Never place in direct contact with skin. Always use the enclosed cloth Insulating Compression Sleeve or equivalent cloth between the torex and the skin to prevent frostbite or burns. Do not exceed 20 minutes for cold applications. Wait 20 minutes prior to second application. Insure torex is sized correctly and does not fit too tightly, which can restrict circulation. Two fingers should easily slide between pack and treated area. Inspect torex for leaks prior to use. Discard if any are found. Keep out of reach of children. Torex is not a toy. Pack is for external use only. Suggested action for contact with gel: Thoroughly flush area with water and mild soap. If swallowed call doctor or poison control. Never apply a Torex that is too tight. Do not place finger pack directly in microwave.

### Usage:

<b>General</b>	Place Insulating compression sleeve or equivalent over area of treatment. Gently roll the torex over the limb to the desired position. Remove pack after 20 minutes or if it becomes uncomfortable. Wait 20 minutes prior to second application if required.
<b>Hot</b>	Heat 3 quarts of water, place pack in water, remove when warm. Dry pack before use.
<b>Microwave</b>	In center of microwave, lay torex flat and spread gel even. Heat on <b>DEFROST</b> for 1 minute, remove knead and test temperature. If required torex may be heated on <b>DEFROST</b> for intervals of 20 additional seconds. Knead and test temperature before use. Let cool if torex feels to hot. Warning: Do not heat on high, overheating may occur. <b>Do not heat finger pack in microwave.</b>
<b>Cold</b>	Store torex device in freezer or refrigerator for two or more hours prior to use. Remove and gently knead prior to use.

### Guarantee:

90 day product guarantee.

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